



REACH 30th Anniversary

Please join the Board of Directors and Staff at REACH for the 30th Year Open House Celebration on Wednesday, September 24th, 4:00 - 6:00PM. There will be a short program at 5:00PM that will give you a glimpse of our history and a snapshot of where we are headed in the future. REACH staff will offer building tours and following the program you will be able to meet an array of employees and people we support with opportunities to ask questions to find out more about the different services we provide in Southeast Alaska.

September Gallery Exhibit

Creative, personal expression takes many forms, in public and private domains. This month the Canvas Gallery and Juneau Alliance for Mental Health Inc. (JAMHI) are collaborating to honor individuals who use visual media to share meaningful aspects of their lives. This is a diverse group of artists, from the formally trained, to the self-taught, to playful experimenters of art materials. Each person demonstrates admirable resilience as life and social issues threaten to take a toll, mirroring the universal challenges we all face in this ever changing world. The First Friday Art Walk Reception will be held Friday, Sept. 5th, 4:30-7:30 pm.



Join us for the First Friday
Reception for JAMHI
Fri, Sept. 5th, 4:30-7:30 pm.

New Gallery Hours

The Canvas Gallery Hours have expanded! We are now open Monday 12:00p-8:00p & Tuesday through Friday 9:00a-8:00p.

September Daytime Class Schedule

Mondays, 9-noon: Studio is closed

Mondays, 1-4pm: **Pottery** w/ Joyce Payne

Mondays, 4:30-6pm: **Acting Class** w/ Shona Strauser-starts 9/22

Tuesdays, 9a-noon: **Mixed Media** w/ Pheobe Rohrbacher

Tuesdays, 1-4pm: **Mixed Media** w/ Pheobe Rohrbacher

Tuesdays, 4:30-6pm: **Bookmaking** w/ Donna Griffin

Wednesdays, 9a-noon: **Nature Inspired Art** w/ Barbara Lydon

Wednesdays, 1-4pm: **Pottery** w/ Barbara Lydon

Wednesdays, 4:30-6pm: **Found Object** w/ MK MacNaughton

Thursdays, 9a-noon: **Pottery** w/ Barbara Lydon

Thursdays, 1-4pm: **Pottery** w/ Barbara Lydon

Fridays, 9a-noon: **Pottery** w/ Barbara Lydon

Fridays, 1-4pm: **Pottery** w/ Barbara Lydon



Join Instructor Annie Geselle
for Tai Chi; \$75 for 15 weeks
for REACH clients & Staff

Tai Chi Discount for REACH

T'ai-chi ch'uan, taught by Annie Geselle, is a moving meditation; an ancient Chinese exercise consisting of slow, relaxed movements. For the body, it is an exercise. For the mind, it is a study in concentration and will power. The exercise consists of 37 movements that are performed in a slow, continuous sequence. Regularly \$150 for 15 weeks, there is a 50% discount for REACH clients and employees. Sept 2- Dec 9

- Level 1: 5:30-6:30pm Tuesdays & Thursdays
- Level 2: 4:30-5:30pm Tuesdays & Thursdays

[Check our website for more class and gallery info!](#)